



# GROWING TOGETHER

## FAMILY CREATIVITY & SUPPORT



In partnership with Sacred Heart Family Hub  
(Gorton, Abbey Hey & Openshaw)

Family  
Hub



MANCHESTER  
CITY COUNCIL

**“This was the only time  
in the week that was  
just for us...”**

**Read more**



# WHAT IT WAS

Growing Together – free weekly structured creative sessions for families with babies aged 0 – 2 years

Delivered across three family hubs in Gorton

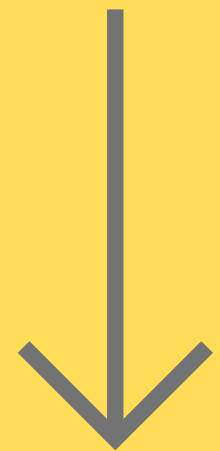
**A space for parent-infant bonding through creativity, play, and shared experience**



# WHO JOINED?

**40 families took part between  
October 2024 and June 2025**

A mix of mothers, fathers, and  
carers from the local community



# WHAT FAMILIES VALUED

“Meeting other parents and sharing experiences”

“I realised my love for art again!”

“I loved watching the babies engaging”

“I felt very safe and relaxed”

“I forgot about my worries during the session”



# WHAT WE SAW

## **Creative health and wellbeing**

Parents felt calmer, more confident, and able to relax into the sessions

## **Parent–infant bonding**

Babies explored, played, and grew in confidence alongside their parents

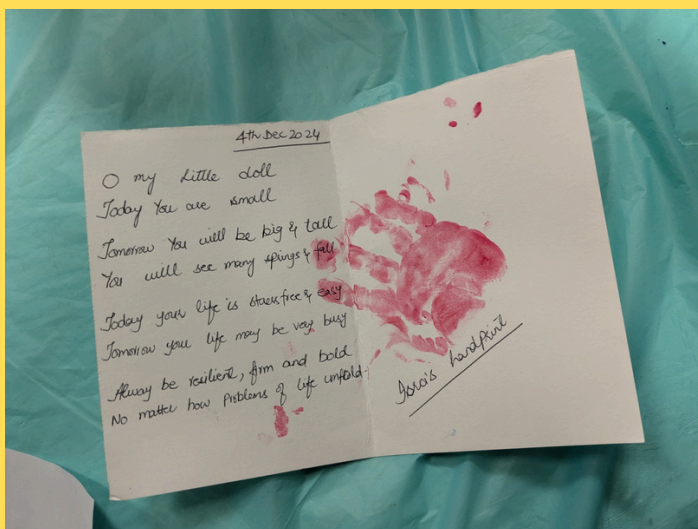
## **Community and connection**

Families felt less isolated and built connections with others

**Strong interest in continued sessions highlights the need for spaces like this.**

# MOMENTS

Images shared with consent, respecting the privacy of families who took part.



Document compiled by delivering creative practitioner Kirsty Gbasai / DO YOUR ART